



# 2026 Summer Programs

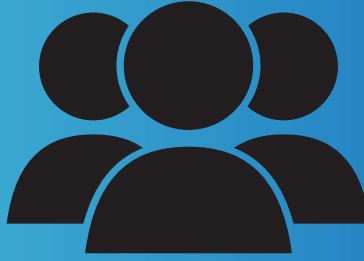
# How to Register!



## ONLINE

[www.buxtonrec.com](http://www.buxtonrec.com)

Log in or create an account to register



## IN PERSON

Buxton Recreation Department  
174 Portland Rd  
Floor 2 in the Bar Mills Fire Station  
Mon-Fri 8:30am-4pm



## Phone

207-929-8381  
Mon-Fri 8:30am-4pm

## CONTACT US!

### Grace Mulherin, Recreation Director

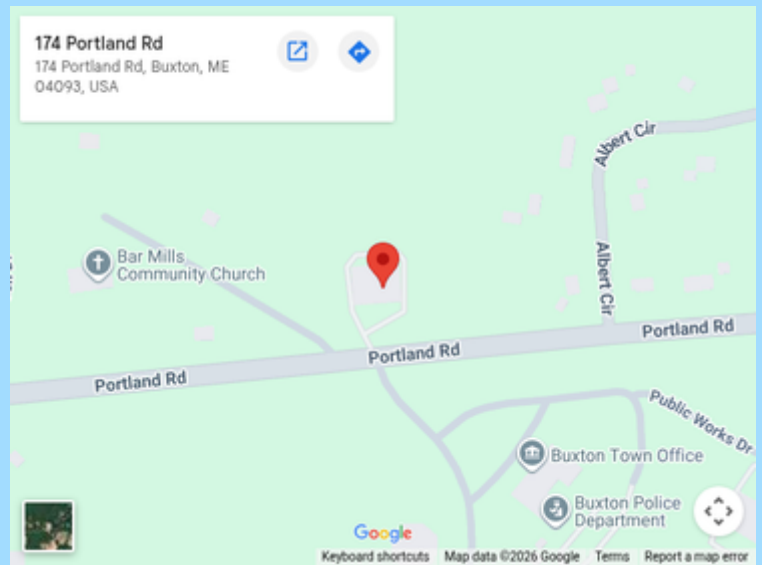
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- We accept all major credit and debit cards, cash, check, and money orders. A service charge of .05% will be applied to all card transactions.
- Non-Residents may incur an additional fee for some programs.
- Payment is due in advance of services.
- Full refunds will be issued if Buxton Recreation cancels a program.
- Those who do not attend the program or do not cancel 2 weeks prior to the start of a program are subject to no refund.
- Refunds are processed through our Treasurer and mailed to recipients in the form of a check. Please allow up to two weeks to process refund.



# CONTENTS

ADULT ENRICHMENT PROGRAMS

4

SUMMER CAMP

6

COMMUNITY EVENTS

7



# ADULT ENRICHMENT

## **Barnyard & Goat Snuggling Experience**

We're planning a relaxed and cheerful outing to Smiling Hill Farm, where we'll enjoy the simple pleasures of the countryside. The day will include a gentle stroll through the barnyard, time spent visiting the animals, and the highlight, cuddling with the farm's adorable baby goats. It's a chance to unwind, share some laughs, and take in the fresh air while enjoying good company. Afterwards, we will head into their cafe to grab some lunch!

**Age:** 18+

**Location:** Buxton Town Hall back parking lot

**Date:** Wednesday 6/17

**Time:** 10:20am-1:30pm (ish)

**Cost:** \$16 Res \$20 Non-Res (Lunch is on your own)

## **BINGO**

Join us for one of America's favorite pastimes- BINGO! Come try your luck, and if you get BINGO, you will get to choose a prize from the prize vault!

Bingo nights are free to adults and Light refreshments will be provided! Bring your own dauber, or purchase one for \$3.

**Age:** 18+

**Location:** Buxton Town Hall Back Meeting Room

**Date:** 5/14, 6/11, 7/9, 8/13

**Time:** 2pm-3pm

**Cost:** FREE!

## **Cabbage Island Clambake**

Spend a classic coastal afternoon with Cabbage Island Clambakes, one of Maine's most iconic traditions. Your adventure begins with a scenic cruise through Boothbay Harbor aboard the Bennie Alice, heading to Cabbage Island.

Once ashore, you'll be welcomed by the Moore family, who have been hosting traditional clambakes here since 1956. The highlight is an authentic Downeast feast: lobsters and clams steamed over seaweed, covered with tarps and rocks to lock in flavor—a time-honored cooking method unique to coastal Maine.

**Age:** 21+

**Location:** Buxton Town Hall

**Date:** 7/23

**Time:** 9:40am-5:45pm (ish)

**Cost:** \$175

## **First Chance Whale Watch**

Join us for an morning at sea, whale watching off the coast of Kennebunk with our friends at First Chance Whale Watch. We will be on the boat for approximately 4.5 hours, please bring hydration, snacks and sunscreen. We will be having time for lunch or shopping after our time on the boat. Lunch is on your own.

**Date:** 7/16

**Location:** Buxton Town Hall back parking lot

**Price:** \$65 Res/ \$69 Non Res

**Maximum Seats:** 13



# ADULT ENRICHMENT

## Chair Yoga

Looking for a gentle way to stay active, flexible, and relaxed? Chair Yoga is designed especially for older adults! There is no floor work or fancy poses, just comfortable movements done while sitting or standing with the support of a chair. Jillene from Prana Yoga and Bodywork will be leading the class through the stretches and exercises to bring both mindfulness and relaxation! This four week session is perfect for all fitness levels!

### Ease into Summer- Chair Yoga Mini Series

**Dates:** Thursday's 6/4 to 6/18

**Time:** 9am to 10am

**Location:** Buxton Town Hall Meeting Room

**Cost:** \$36 Res \$47 Non Res (includes all three classes)

### Summer Unwind- Chair Yoga Mini Series

**Dates:** Thursday's 7/21 to 8/13

**Time:** 9am to 10am

**Location:** Buxton Town Hall Meeting Room

**Cost:** \$36 Res \$47 Non Res (includes all three classes)

## Sebago Sunset Paddle Tour

Enjoy a relaxing two-hour kayak adventure through Maine's scenic waterways, perfect for adults of all experience levels. Paddle along gentle, winding streams surrounded by peaceful wildlife and rustic natural beauty. Led by a Registered Maine Guide, you'll hear engaging stories and local insights as you take in the sights. The tour finishes with a stunning sunset over towering pines! An ideal way to unwind and connect with nature this summer! Before we set off on our adventure we will be stopping for an early dinner at Sebago Brewing Company (Dinner is on your own)!

**Date:** 8/6

**Location:** Buxton Town Hall back parking lot

**Time:** 2:45pm-9pm (ish)

**Price:** \$50 Res/ \$54 Non Res (Dinner is on your own)

**Age:** 18+

## Mid-Summer BBQ

Join us for a lunch of sunshine, great food, and even better company! The Buxton Rec Department is firing up the grill for a classic midsummer BBQ made just for the 50+ community. Enjoy burgers, hot dogs, fresh sides, sweet treats, and plenty of laughs. Play some lawn games, connect with friends old and new, and soak up those perfect summer vibes.

Whether you come for the food, the fun, or the friendly faces! You won't want to miss this easygoing celebration of summer!

**Date:** 7/8

**Time:** 11:30am-1pm

**Location:** Buxton Town Hall Meeting Room

**Price:** FREE!

**Age:** 50+



# Summer Camps

## **Brazilian United Soccer Camp**

Buxton Recreation is excited to be partnering again with Brazilian United, a nation-wide soccer organization who goes across the country operating high energy, educational soccer camps! This week long soccer camp will be lead by coaches who have a deep knowledge and passion for the game! This camp is designed to push your child to grow their skills and interest in the sport of Soccer!

**Ages:** 6-14

**Location:** Town Farm Park

**Date:** 7/6-7/10

**Time:** 9am-12pm

**Cost:** \$200

## **Lets Get Crafty Art Camp**

Our speciality art camp is back again! Let's get crafty will test your child's creativeness with projects that include air dry clay, painting, and ext... We will start each day with a drawing exercise before starting our project of the day.

**Grades:** 2nd-6th

**Location:** Recreation Dept

**Date:** 7/13-7/17

**Time:** 9am-12pm

**Cost:** \$100 Res and \$110 non-res

## **First Responders Camp**

Buxton's biggest hit is back for again! This summer program is a collaboration between Buxton's Fire, Police and Recreation Department. The children will spend two days learning about each department with Friday being a mission day. There will be two camps for two age groups! Camp Cadets for 2nd-4th grade. Camp Prospect is for grades 5th-8th. Both groups will experience a week full of thrills all while having a camp that is designed for their age!

**Grade:** 2nd-8th

**Location:** Bar Mills Fire Station

**Date:** 7/20-7/24

**Time:** 9am-3pm

**Cost:** \$150 Res and \$165 non-res

## **Basketball Skills Camp**

Spend the week with our Buxton Coaches working on developing and improving your basketball skills. Players will learn the fundamentals all the way to the complex ins-and-outs of both personal and team play!

**Grade:** 3rd--6th

**Location:** BEMS GYM

**Date:** 8/3-8/7

**Time:** 9am-12pm

**Cost:** \$75 Res and \$80 non-res

**\*Limit of 16 total participants\***

# COMMUNITY EVENTS

## Boston Red Sox Trip -Family Trip

We are headed to historic Fenway Park to watch the Red Sox! Let Custom Coach of New England take care of the driving, you can sit back and relax. We will be dropped off and picked up right at Fenway Park. Cost is \$105 per person, which includes your game ticket and round trip transportation.

**Date:** 9/13

**Time:** 9:00am-7:15pm (ish)

**Cost:** \$105 per person

**Location:** Buxton Town Hall back parking lot

***Registrations must be submitted through Buxton Recreation, with payment due upon registration. Participants are responsible for registering themselves. Third party registrations will be discarded.***

***Be sure to follow us on our media platforms for all the most up to date info!***



[www.buxtonrec.com](http://www.buxtonrec.com)



Buxton Recreation Department

## Play Every Day 5k

We are jump starting an action packed day in the community by hosting a 5k (formerly the Dorcas Dash)! The Play Every Day 5k encompasses Buxton Recreation's motto "Play, Every, Day". We are looking forward to promoting a day were our community is coming together to play and celebrate! The PLAY EVERY DAY 5k will benefit the Town of Buxton Keep The Heat On and our Scholarship program. New this year is a Kiddie Fun Run! The first 50 participants to register will receive a free t-shirt! Lets get those sneakers laced up!

**Date:** Saturday, August 1st

**Registration/Check-in Time:** 7am

**Location:** Tory Hill Meeting House, 1197 River Road, Buxton Me, 04093

**Kiddie Fun Run:** 7:45am

**5k Race Start time:** 8am

**Pre-Registration:** \$30 (plus registration fee at check out)

**Day of Registration:** \$35 (cash or check)

\* Kids age 12 and under are Free! Registration will need to be completed day of.

**How to register:** Registrations can be completed by heading to

<https://runinarace.com/PlayEveryDay/index.html>