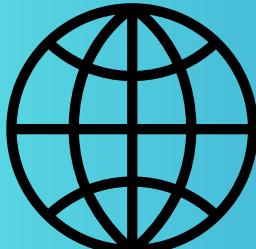


2026 Spring Programs



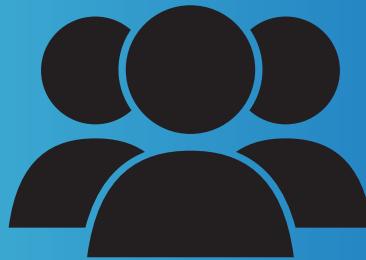
How to Register!



ONLINE

www.buxtonrec.com

Log in or create an account to register



IN PERSON

Buxton Recreation Department

174 Portland Rd

Floor 2 in the Bar Mills Fire Station

Mon-Fri 8:30am-4pm



Phone

207-929-8381

Mon-Fri 8:30am-4pm

CONTACT US!

Grace Mulherin, Recreation Director

gibble@buxton.me.us

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mwillis@buxton.me.us

207-929-8381 ext. 2112

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nstonge@buxton.me.us

207-929-8381 ext. 2109

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mgervais@buxton.me.us

207-929-8381 ext. 2115



- We accept all major credit and debit cards, cash, check, and money orders. A service charge of .05% will be applied to all card transactions.
- Non-Residents may incur an additional fee for some programs.
- Payment is due in advance of services.
- Full refunds will be issued if Buxton Recreation cancels a program.
- Those who do not attend the program or do not cancel 2 weeks prior to the start of a program are subject to no refund.
- Refunds are processed through our Treasurer and mailed to recipients in the form of a check. Please allow up to two weeks to process refund.



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ADULT ENRICHMENT

Age Friendly Mystery Foodie Series

Join us for a culinary delight! In this program we head to dine at mystery restaurants chosen by the recreation staff. Be prepared for a range of all culinary delights! All restaurants that are chosen will be food allergy friendly.

Age: 50+

Location: Buxton Town Hall Back Parking lot

Date: 2/10, 3/10

Time: 11am

Cost: \$4 Res \$6 Non-Res

Oxford Casino

Join us as we visit one of Maine's local casinos! We are headed to the Oxford Casino in Oxford!. Oxford Casino Hotel is home to nearly 1,000 slot machines including video slots, reel slots & video poker from manufacturers like Konami, IGT, Bally, & Aristocrat. Spots are limited

Age: 21+

Location: Buxton Town Hall Back Parking lot

Date: Wednesday 3/4

Time: 8:45am-3:30

Cost: \$22

BINGO

Join us for one of America's favorite pastimes- BINGO! Come try your luck, and if you get BINGO, you will get to choose a prize from the prize vault!

Bingo nights are free to adults and Light refreshments will be provided! Bring your own dauber, or purchase one for \$3.

Age: 18+

Location: Buxton Town Hall Back Meeting Room

Date: 1/22, 2/12, 3/12, 4/2,

Time: 2pm-3pm

Cost: FREE!

Movie Mingle

We're heading to the cinema! We're taking a trip to Smitty's Cinema in Windham to watch the original Willy Wonka & the Chocolate Factory (1971)! The trip will be in coordination with other Recreation Departments.

Age: 21+

Date: Tuesday, 2/27

Time: 9:15-1pm (approximate)

Cost: \$17

Valentine Chocolatier's Outing

We'll kick off the day with a behind-the-scenes look at how Maine's iconic candy is made, right at the source. After the tour, we'll head over to Lucky Loggers in Saco to enjoy lunch together!

Age: 21+

Date: Wednesday 2/11

Time: 8:30am-1:30pm (approximate)

Cost: \$8 Res and \$10 Non-res



ADULT ENRICHMENT

The Anything You're Reading Book Club

Calling all book worms! Join us Tuesday mornings, for a morning of an un-traditional book club! We will put the fun into reading! Unlike a traditional book club, each person can read their own book. We will come together as group to discuss what we are currently reading and would we recommend to others! Have books that you would like to pass along to others? Bring them! We will use this time to make trades or swap books!

Location: Buxton Town Hall Back Meeting Room

Date: Tuesdays 4/7-6/16

Time: 9am-10:am

Cost: \$3 (covers light refreshments)

Chair Yoga

Looking for a gentle way to stay active, flexible, and relaxed? Chair Yoga is designed especially for older adults! There is no floor work or fancy poses, just comfortable movements done while sitting or standing with the support of a chair. Jillene from Prana Yoga and Bodywork will be leading the class through the stretches and exercises to bring both mindfulness and relaxation! This six week session is perfect for all fitness levels!

Age: 21+

Location: Buxton Town Hall Back Meeting Room

Date: Thursday's 2/5-2/26

Time: 9:00am-10am

Cost: \$46 Res and \$60 non-res

Mom's Coffee Hour

This free social support group is designed for all moms including those who are expecting or are in the TTC community. Each week as a group we will host conversations regarding various topics to help support one another. Topics such as sleep training, car seat use, postpartum health, perinatal fitness, Infant first aid and CPR, and other similar topics! This support group will be hosted by Rachel Pelletier of Mamabear Fitness and Community Risk Reduction Coordinator Marisa Morrison. Coffee and light refreshments will be available. Kids are welcome!

Location: Buxton Town Hall Back Meeting Room

Date: Friday's 4/3-6/12

Time: 10am-11:30am

Cost: FREE!

Savor Your Health: Lunch and Learn!

Spend your lunch with us learning all there is about your health and wellness! Once a month, a speaker will join us to discuss different wellness topics. Make sure to reserve your spot that way we can plan accordingly for the number of meals. Lunch and light refreshments will be provided!

Age: 21+

Location: Buxton Town Hall Back Meeting Room

Date: 1/29,02/26,3/26

Time: 11:30am-1pm

Cost: \$3 res and \$5 non-res

Please note that the 1/29 Luncheon will be \$10 as we will be having Sparks Arc!



ADULT ENRICHMENT

Weekly Trail Walks

Throughout the month of May, we will be hosting weekly trips to various trails in the area.

Participants may sign up with transportation provided or opt to meet us directly at the trail location. This is a great chance to get out with a group and explore the local trails!

Cost: \$5 with transportation \$2 without transportation

May 6th - Saco Heath Preserve

May 13th - Eastern Trail (Scarborough)

May 20th - Alewife Woods Preserve

May 27th - Sebago To The Sea Section 2

For more information regarding each walk, head to our website at www.buxtonrec. There you will find trail rating and distance.

We will monitor the group's comfort level throughout the walk and may turn around if needed. Rest breaks will be available as necessary.

For any questions regarding this program, please contact Natalie at nstonge@buxton.me.us

Yoga

Looking to add a fresh component to your fitness program or just trying to find your Zen? We are excited to add a 10 week yoga class to our line-up of fitness classes. Jillene from Prana Yoga and Bodywork will lead the group through stretches and exercises to bring both mindfulness and relaxation. This is a great class for all fitness levels.

Location: Buxton Town Hall Back Meeting Room

Date: Monday's 3/23-6/8

Time: 5pm-6pm

Cost: \$91 Res and \$105 Non Res

YOUTH ENRICHMENT

T-ball League

This 7 week T-Ball program will provide your child an opportunity to learn how to throw, hit and develop their coordination. Each child will be placed onto a team. Teams will have a practice each Saturday morning and a game with another team immediately after.

Ages: 4-6

Location: Town Farm Park

Date: 5/2-6/13

Time: 9am-10:15am

Cost: \$60 Res and \$65 non-res

Registrations will open Monday February 2nd!

Little Picasso Art Club

Little Picasso Art Club! This program will be an interactive parent and child program that will create great art and great memories!

Ages: 3-5

Location: Buxton Town Hall

Date: Monday's 3/2-3/30

Time: 3:30pm-4:15pm

Cost: \$35 Res and \$40 non-res

Flag Football

Is your child a football fanatic? This after school activity is a fan favorite! Athletes will be broken into different teams where they will play teams in a round robin style. This program is ideal for all playing levels and is created to create a positive sportsmanship environment!

Grade: 3rd-5th

Location: BCES Gym

Date: Wednesday's 3/4-4/1

Time: 3-4pm

Cost: \$35 Res and \$40 non-res

Pickleball

Join us for this fun active game that provides low impact physical activity! Pickleball is an easy to learn paddle sport that was created by combining elements of several other racket sport including Tennis and Ping Pong. In this program participants will learn the skills on how to play the game, before playing games to close out the day. This program is great for all skill levels!

Grade: 3rd-5th

Location: BCES Gym

Date: Mondays and Wednesdays 4/6-4/29

Time: 3pm-4:30pm

Cost: \$40 Res and \$45 non-res

Limit of 16 total participants

YOUTH ENRICHMENT



MLS GO Spring League

Team Sports Program Info MLS GO-Spring Soccer Introducing our new Spring Soccer season in partnership with MLS Go! This will be a modified version of our fall soccer season. Each child will receive a MLS team kit with a jersey, shorts, and socks. Each team will get one practice during the week between 5pm-7pm, with a game on Saturday mid-day. Divisions will be broken up into 3rd-4th and 5th-7th grade playing 7v7. This will be a co-ed league

Grades: 3rd-7th

Location: Tory Hill Park

Date: 5/4-6/27

Cost: \$60

If you are interested in coaching a team, reach out to Matt Willis Assistant Director.

mwillis@buxton.me.us

Ultimate Frisbee

Introducing our new program, Ultimate Frisbee! Your child will learn the basics of Ultimate Frisbee before being broken up into teams to play a full game. Teams will be randomized each week and will have an emphasis on teamwork and sportsmanship

Grades: 3rd-5th

Location: BCES Frank Jewett Field

Date: Mondays 5/4-6/8

Time: 3:00-4:00pm

Cost: \$35 Res and \$40 Non-Res

Game Club!

Does your child like to play board or card games? In this new enrichment program, we will provide multiple board and card games for your child to try out. These games will help with strategy building and teamwork! Depending on the group dynamics, there may also be tournament play. There will be multiple games offered each week for all the age ranges.

Grades: K-5th

Location: BCES

Date: Fridays 3/6-3/27

Time: 3:00-4:00pm

Cost: \$20 Res and \$25 Non-Res

SPECIALTY CHILDCARE

Vacation Camps-February & April

Come Join Buxton Recreation for our fun packed February and April vacation camps! Our camps include a chance to get out and get active and the opportunity for field trips! In the colder weather our out door activities include, sledding, snowman and igloo building. In the warmer weather we have access to four different playgrounds and the chance to go on nature walks. Whether being inside playing basketball in the gym, or being outside swinging on the playground; our staff has lots of activities planned to make sure your child has a memorable week at Buxton Rec's Vacation Camp

Grade: K-6

Location: BCES

Date: 2/17-2/20

Time: 7:30AM-5PM

Cost: \$200 Res

\$210 non-res

February Schedule:

Tuesday 2/17: Mr. Drew and his Animals Too!

Wednesday 2/18: Urban Air

Thursday 2/19: Seacoast Adventures

Friday 2/20: Portland Ice Arena - Ice Skating

April Schedule:

Tuesday 4/21: Smitty's Cinema ("The Super Mario Galaxy Movie" + GameLab)

Wednesday 4/22: Urban Air

Thursday 4/23: Happy Wheels

Friday 4/24: Spare Time Bowling

***As we get closer the schedule will be updated and or changed.**

Kids Day Out

No school because of In-Service Day? Don't worry, we've got you covered! We will provide lots of activities and excitement to your child's day!

Grades: PK-6th

Location: Buxton Town Hall

Date: *see schedule below*

Time: 7:30am-5pm

Cost: \$58 res and \$68 non res

Kids Day Out Trip Schedule:

3/20-Bowl-A-Rama

4/17-Jungle Adventures Mini Golf

Summer Camp
Registrations open Monday,
February 23rd for Buxton
Residents &
Monday, March 2nd for Non-Res

For more info head to
www.buxtonrec.com for all
summer camp info!

COMMUNITY EVENTS



Earth Day: EcoPalooza

Help us celebrate Earth Day by helping us give back to our Community and Plant! Earth Day: EcoPalooza is a community focused event where individuals will team up to help clean and restore trails at Town Farm Park along with road clean up. We will provide participants with the tools and resources to complete this clean up! Light refreshments will be provided, along with a FREE t-shirt!

Date: Saturday, April 11th

Time: 9:00am-11am

Location: Town Farm Park

Be sure to follow us on our media platforms for all the most up to date info!



Buxton Recreation Department



www.buxtonrec.com

Community Yard Sale

Whether your selling or buying this is the place to be! We will provide a one stop shop location, with plenty of parking and deals for all! Come stop by and shop your heart out! After all who knows what you will find!

Vendor spots are available for \$5 per spot. Table rentals can be purchased for an additional \$5 per table. Vendor spots will only be allowed up to 3 tables.

Date: Sunday, May 17th (Rain Date- May 31st)

Time: 9:30am-1pm

Cost: FREE to the public!

Location: Tory Hill Park- 210 Narragansett Trail, Buxton Me

Registrations must be submitted through Buxton Recreation, with payment due upon registration. Participants are responsible for registering themselves. Third party registrations will be discarded.

