



BUXTON RECREATION

NEWSLETTER



Fall 2025

Get ready to PLAY EVERY DAY! This quarterly newsletter will give you the most up-to date activities and programs that are offered! Be sure to follow us on Facebook or www.buxtonrec.com

How to Register:

1. Visit Buxton Recreation Department at 174 Portland Road to register for Programs.
2. Head to www.buxtonrec.com, create an account, complete registration process, and mail in a check.
3. Call the Buxton Recreation Department at 929-8381 and complete the registration over the phone. You may choose to pay at this time. You may also drop a off a payment, or mail it in to the Recreation Department at 185 Portland Rd.

Please note that there is a .5% transaction fee on all credit/debit cards.



ADULT PROGRAMS AND TRIPS

AGE FRIENDLY MYSTERY FOODIE SERIES

Dates: 9/9, 10/14, 11/13

Time: 11AM-2PM (Approximate)

Price: \$4 Res \$6 Non-Res (Lunch is on your own)

Join us for a culinary delight! In this program we head to dine at mystery restaurants chosen by the recreation staff. Be prepared for a range of all culinary delights! All restaurants that are chosen will be food allergy friendly.

BINGO

9/11, 10/9, 11/13, 12/4

Location: Buxton Town Hall

Time: 2PM-3PM

NEW TIME! Join us for one of America's favorite pastimes- BINGO! Come try your luck, and if you get BINGO, you will get to choose a prize from the prize vault!

Bingo nights are free to adults and seniors. Light refreshments will be provided! Bring your own dauber, or purchase one for \$3.



MOM'S COFFEE HOUR

Date: Fridays 9/5-12/12

Location: Buxton Town Hall

Time: 10:00AM-11:30AM

This social support group is designed for expecting moms, as well as postpartum moms. Each week as a group we will host conversations regarding various topics to help support one another. This support group, will be hosted by Rachel Pelletier of Mamabear Fitness and Community Risk Reduction Coordinator Marisa Morrison. Coffee and light refreshments will be available, and kids are welcome!

MAMABEAR WOMEN'S FITNESS CLASS

Location: Town Hall-Meeting Room

Time: 5:15- 6:15PM

Dates: Monday's 9/15-11/10

Cost: \$98 residents \$113 non-residents

Join us for a 60-minute strength workout, programmed specifically to help women of any stage get stronger. We will focus on total body functional training, including your pelvic floor and core. This circuit-based group class welcomes all levels of fitness.

ADULT PROGRAMS AND TRIPS

HARTS TURKEY TRAIN

Date: Thursday, October 2nd

Cost: \$125/person (Includes transportation and turkey dinner!)

Depart Buxton: 7:15AM

Return to Buxton: 3:30PM

ALL ABOARD!

Join us for a Hart's Turkey Dinner on the Hobo Train in Meredith, New Hampshire! We will enjoy a beautiful 2 hour train ride over looking the lake region! Transportation is provided by Custom Coach of New England. We will arrive at the train to board for the 10:30PM departure! After you choose your seat, get ready for 5 star treatment as the wait staff bring you one of Hart's famous turkey dinners!

OXFORD CASINO TRIP

Trip Date: Wednesday, October 22nd

Cost: \$20

Depart Buxton- 8:45 AM

Arrive at Oxford- 10:15 AM

Depart Oxford- 2 PM

Return to Buxton- 3:30 PM

Join us as we visit one of Maine's local casinos! We are headed to the Oxford Casino in Oxford!. Oxford Casino Hotel is home to nearly 1,000 slot machines including video slots, reel slots & video poker from manufacturers like Konami, IGT, Bally, & Aristocrat. Spots are limited

SAVOR YOUR HEALTH:

LUNCH & LEARN

Location: Town Hall-Meeting Room

Time: 11:30AM- 1:00PM

Dates: 9/25 & 10/30

Cost: \$3 residents \$5 non-residents

Spend your lunch with us learning all there is about your health and wellness! Once a month, a speaker will join us to discuss different wellness topics. Make sure to reserve your spot that way we can plan accordingly for the number of meals. Lunch and light refreshments will be provided! **Please let us know ahead of time of your allergy and food restrictions**

AGE FRIENDLY 50+

THANKSGIVING

LUNCHEON

Date: Friday, 11/21

Time: 11:30am-1pm

Location: Buxton Town Hall

Join us as we cook up a traditional turkey dinner! Feel free to come mingle and enjoy a free meal. Please make sure to reserve a spot! There are limited number of meals, so make sure you call ahead! We will accepting reservations starting 10/1! You can make your reservation by calling Buxton Recreation Department at 929-8381.



PICNIC IN THE PARK!

Date: Tuesday, 9/16

Depart Buxton Town Hall (back lot):
10:30am

Return to Buxton Town Hall: 2pm(ish)

Cost: \$8 Res and \$10 Non-Res

Age: 21+

Go on a journey with us to Tassel Top Park! This park has a beautiful shoreline on Sebago Lake! Where we will enjoy lunch together as a group and then set out to set your eyes on the wondrous sights of what the park has to offer! Be sure to to pack your own lunch supplies.

CHAIR YOGA

Dates: Thursday's 9/25 to 10/30

Time: 9am to 10am

Location: Buxton Town Hall Meeting Room

Cost: \$70 Res \$80 Non Res (includes all six classes)

Looking for a gentle way to stay active, flexible, and relaxed? Chair Yoga is designed especially for older adults! There is no floor work or fancy poses, just comfortable movements done while sitting or standing with the support of a chair. Jillene from Prana Yoga and Bodywork will be leading the class through the stretches and exercises to bring both mindfulness and relaxation! This six week session is perfect for all fitness levels!

MCDUGAL ORCHARDS- APPLE PICKING TRIP

Date: Tuesday, September 2nd

Departing Buxton Town Hall: 9:00am

Returning to Buxton Town Hall:
2:00pm(ish)

Cost: \$12 Res \$15 Non Res (Price includes 1/4 Peck Bag of apples, Wagon ride, and transportation. Lunch is on your own!)

Reconnect with the simple joys of the season! Join us for a day of apple picking and wagon rides at McDougal Orchards. After our time at the orchard, we will be getting lunch at The Publick House. Lunch is on your own.





FAMILY TRIPS

RED SOX TRIP

Date: Sunday, September 28th

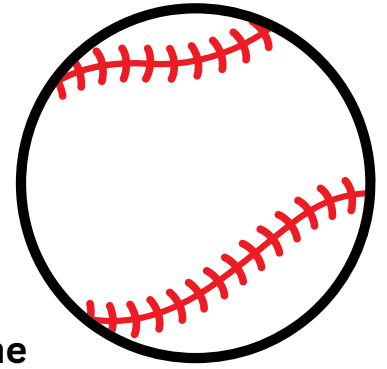
Depart Buxton Town Hall: 11 AM

Game Start Time: 3:05 PM

Depart Fenway: 30 mins after the game

Arrive back at Buxton Town Hall: 8:45PM

Price: \$100 per person(ticket)



We are headed to historic Fenway Park to watch the Red Sox! Let Custom Coach of New England take care of the driving, you can sit back and relax. We will be dropped off and picked up right at Fenway Park. Cost is \$100 per person, which includes your game ticket and round trip transportation

We will be heading to the game rain or shine. The trip costs includes luxury transportation and game ticket. Tickets are bleacher seats, located in Section 10.

COMMUNITY EVENTS

FALL HARVEST NIGHT

Date: Thursday, October 16th.

Time: 5:30pm-7pm

**Location: Bar Mills Fire Station,
174 Portland Rd.**

Join us for a night of Fall traditions! We are teaming up with the Buxton Fire & Rescue Department and Buxton Police Department to offer a night of FUN! We will have many fall favorites, including Pumpkin Decorating, Haunted House, Cider station, bounce house and more!

Be sure to wear your costume!



COMMUNITY YARD SALE

Date: Sunday, September 7th

Time: 9:30am-1pm

Location: Town Farm Park

Cost: Free to the public!

Whether your selling or buying this is the place to be! We will provide a one stop shop location, with plenty of parking and deals for all! Come stop by and shop your heart out! After all who knows what you will find!

Vendor spots are available for \$5 per spot. Table rentals can be purchased for an additional \$5 per table. Vendor spots will only be allowed up to 3 tables.



SOCCER



PRE-K

Dates: Thursdays, 9/4– 10/2

Time: 4:30PM-5:15PM

Cost: \$40 (Res) \$45 (Non-Res)

We are headed to historic Fenway Park to watch the Red Sox! Let Custom Coach of New England take care of the driving, you can sit back and relax. We will be dropped off and picked up right at Fenway Park. Cost is \$100 per person, which includes your game ticket and round trip transportation

We will be heading to the game rain or shine. The trip costs includes luxury transportation and game ticket. Tickets are bleacher seats, located in Section 10.

GRADE 1-2 SOCCER

Cost: \$60 (Res) \$65 (Non-Res)

Dates: 9/3 -10/12

This program continues to grow you child's basic skills as well as introducing game play. Practices will be once a week either on a weeknight and games will be scheduled for Saturday mornings

GRADE 5-7 GIRLS

Cost: \$85 (Res) \$90 (Non-Res)

Dates: 9/3-10/12

We will be able to offer a Boys and Girls team this year. Practices will be held two times per week at both (Town Farm Park) and will have a games on Saturday mornings with area teams. This league will require light travel to other local programs. Participants will need their own transportation

**For soccer questions contact
Recreation Supervisor, Zach
McGouldrick at
zmcgouldrick@buxton.me.us**



KINDERGARTEN SOCCER

Dates: Saturdays, 9/7– 10/4

Time: 8:30AM-9:30AM

Cost: \$45 (Res) \$50 (Non-Res)

Kindergarten soccer is a clinic-style program introducing basic soccer skills in a positive environment. We will end with a 20 minute modified game to re-enforce each skill that was taught. This program is overseen by volunteer coaches and Buxton Rec Staff.

GRADE 3/4 GIRLS SOCCER

Cost: \$70 (Res) \$75 (Non-Res)

Dates: 9/3-10/12

Practices will be held once during the week and will have a game on Saturday mornings with area teams.

GRADE 3/4 BOYS SOCCER

Cost: \$70 (Res) \$75 (Non-Res)

Dates: 9/3-10/12

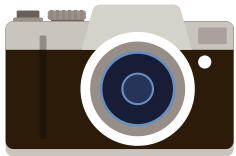
Practices will be held once during the week and will have a game on Saturday mornings with area teams.

GRADE 5-7 BOYS

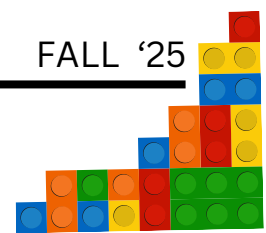
Cost: \$85 (Res) \$90 (Non-Res)

Dates: 9/3-10/12

We will be able to offer a Boys and Girls team this year. Practices will be held two times per week at both (Town Farm Park) and will have a games on Saturday mornings with area teams. This league will require light travel to other local programs. Participants will need their own transportation



YOUTH ENRICHMENT



YOUTH

PHOTOGRAPHY

Dates: Wednesdays 10/15-11/5

Times: 3PM-4PM

Location: BCES

Grades: 3rd-5th Grade

Cost: \$50 Resident \$55 Non-Resident

A new introductory program to the excitement of photography! This 4-week session will introduce the important aspects of capturing and editing the perfect shot. Cameras will be provided, but any students with their own equipment are certainly allowed to bring it for personal use.

SPECIALTY CHILDCARE PROGRAMS

KIDS DAY OUT!

Cost: Res \$58 Non-Res \$68

Grades: K-6

Dates: 10/10, 3/20, 4/17

Time: 7:30 AM—5:00 PM

Location: Buxton Town Hall

No school because of In-Service Day? Don't worry, we've got you covered! We will provide lots of activities and excitement to your child's day!

BUXTON BUILDERS

Our exciting STEM based program is back! Buxton Builders focuses on creativity and design as the kids will build different projects using different materials each week including Legos, Lincoln Logs and K'Nex

Buxton Builders

Dates: Tuesday's 10/14-11/11

Times: 3PM-4PM

Location: Buxton Center

Elementary School

Grades: K-2nd

Cost: \$45

Advanced Buxton Builders

Dates: Thursday's 10/16-11/13

Time: 3PM-4PM

Location: Buxton Center

Elementary School

Grades: 3rd-5th

Cost: \$55

VACATION CAMP

Dates: 2/17-2/20 & 4/21-4/24

Cost: \$200 (Res) \$210 (Non-Res)

Come Join Buxton Recreation for our fun packed February and April vacation camps! Our camps include a chance to get out and get active and the opportunity for field trips!

STAY TUNED FOR MORE INFO!





CHILDCARE PROGRAMS

AFTER SCHOOL CHILDCARE

Hours: 2:45 PM—5:30 PM

The After Care Program starts at 2:45 PM. Children get dismissed from their classroom to the BCES Gym for attendance. Activities include free play, board games, and art activities. This program will be outdoors as much as possible. All children receive snack after attendance, but feel free to send along an extra one for them! After Care closes at 5:30 PM. Pick-up is either on the playground or at the gym/cafeteria entrance. Pick up for this program will not start until 3:30 PM due to the schools new dismissal procedures. Parents/Guardians will list authorized pick-ups at the time of registration

'25/'26 Aftercare Pricing

5 days/week - \$400 a month

4 days/week- \$352 a month

3 days/week- \$288 a month

EARLY RELEASE ADVENTURE PROGRAM:

Our Early Release Program provides care for families who need are looking to keep their children occupied during the afternoons when school is out! Children will be dismissed from their classroom to Early Release Program at 12:30! Our Early Release Program will offer crafts, gym time, and special activities such as seasonal arts and crafts, and much more!

Cost: \$400

****includes all Early Release Days***

BEFORE SCHOOL CHILDCARE

Hours: 7:00 AM—8:25 AM

Our Before School Program takes place at the Buxton Center Elementary School. Hours are 7:00 AM – 8:25 AM. Drop off is at the gym/cafeteria entrance to the school. Children may not be dropped off earlier than 7:00 AM. Gym games, small art projects, and board games will be a part of each morning. Children will be dismissed to their classroom at 8:25 AM.

'25/'26 Before Care Pricing

5 days/week-\$260 a month

4 days/week-\$240 a month

3 days/week- \$204 a month

Questions, Comments and Feedback:

We love to hear from our community!
Feel free to contact us at 929-8381
or by email at

Grace Mulherin, Recreation Director

Email Address: gbibber@buxton.me.us

Zach McGouldrick, Recreation Supervisor

Email Address:

zmcgouldrick@buxton.me.us

Matt Willis, Childcare Services Programmer

Email Address: mwillis@buxton.me.us

Natalie St.Onge, Programmer

Email Address: nstonge@buxton.me.us