



2020 SPRING/SUMMER IN REVIEW
NICOLE WELCH, RECREATION DIRECTOR, TOWN OF BUXTON

Spring Programming: Operation Social Distance

1. Community Connection

- "You're not alone!"

2. Social Interaction

- Encouraging ways to connect while apart

3. Encourage Healthy Lifestyle Choices

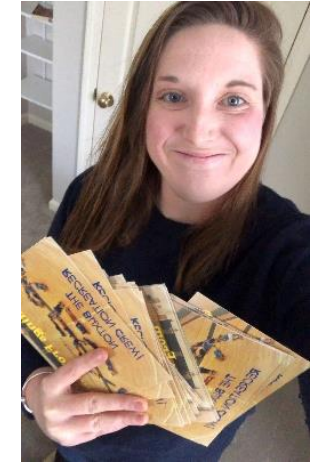
- Keep moving/Stay active!



Social Distancing Outreach Programs

Buxton Recreation Postcard Campaign

- 443 Letters and Postcards to children and senior citizens



Family Trivia Night!



THURSDAY, APRIL 9, 6:30—7:15
CLICK HERE TO REGISTER!

Family Trivia Night- KAHOOT and ZOOM

Online platform where families answered a variety of questions about Disney movies.

Galaxie Salsa BINGO Night

Families were sent BINGO cards, and utilized ZOOM to interact, hear the numbers being called, and to shout BINGO! (All participants received a jar of Salsa from Galaxie Salsa)



THURSDAY, APRIL 30 AT 6:00 PM!
RIGHT ON ZOOM!

BINGO!

RESERVE YOUR BINGO CARD AT BUXTONREC.COM!

Social Distancing Outreach Programs Continued



Virtual Fitness Classes featuring local teachers

- Rhonda Davis Cook, Happy Hearts Creative Movement*
- Sarah Crosby, Licensed Child Yoga Instructor*

United We Step- Fitness Challenge

Participants utilized 'Strava', and online fitness platform where they could connect with other participants in the 3 week online fitness challenge.



EGGcellent Easter Egg Showcase

Families submitted photos of their decorated Easter Eggs. All families were entered into a drawing for a prize.



Social Distancing Outreach Programs Continued

Over 30 Online Activities and Challenges for families to complete

Buxton Recreation
— PLAY EVERY DAY! —

Monday Marbles!!!

Race Course Edition:

Do you like play with marbles? Do you like to construct things? Are you competitive? If so you are in luck! Today's activity is creating a race course out of household items for marbles! If you don't have marbles, you don't have to worry! Feel free to use objects, such as a golf ball or a tennis ball! The course can either be set up in your house or outside! Be as creative as you can! If you think you have the fastest track send us a clip or a picture to Grace Bibber, Recreation Supervisor at recsupbuxton@myottmail.com



Buxton Recreation Indoor Treasure Hunt

Are you able to complete this treasure hunt by finding the following, items that are located in your house? If so email Grace Bibber, Recreation Supervisor at recsupbuxton@myottmail.com with a picture of all your findings!

1.) A cook book or a recipe?



2.) A bouncy Ball



3.) A rubber band



4.) A Paper Clip



5.) A Book you are currently reading



6.) A board game



7.) A pair of mittens



8.) Sunglasses



9.) A pair of rain boots



10.) A notepad



MUSICAL INSTRUMENT WEDNESDAY

Do you have pots and pans laying around? Do you have elastic bands and shoe boxes? If your answer is yes then now is your chance to create your own one of a kind musical instruments! Today's activity is creating a musical instrument with objects from around the house. Think you have the coolest musical instrument?

Feel Free to share it with us!

Send either a picture or video to Grace Bibber, Recreation Supervisor at recsupbuxton@myottmail.com.



WE ARE
PARKS AND
RECREATION



Town of
Buxton:
Parks Impact

July: National Parks and Recreation Month

- Buxton Recreation Department's Objectives:
 - Highlight Buxton's Parks
 - Encourage the use of Town Farm Park trails



TOWN FARM PARK

TOWN FARM ROAD

From Portland Road, follow Town Farm Road for .5 miles. Town Farm Park will be on your right.

Park Trustees: David Anderson, Tasha Pinkham, Ruth Scheibenpflug

TOWN FARM PARK SNAPSHOT

Hours: Dawn to Dusk

Dogs: Allowed— must be on leash

Bathrooms: Port-a-potty's, seasonally

Trails: Dirt walking trail around complex, and a loop woods trail that connects to Buxton Municipal Complex.

Parking: Large dirt lot, second satellite lot

Playground: Swings, balance beam, climbing structures.

Shelter: Pavilion w/ picnic table

Town Farm Park is also home to **baseball, softball, and multi-purpose soccer fields.**

Town Farm Park is part of the Buxton Municipal complex property. Approximately ten acres of the original "Town Farm" property has been developed into a park to serve the residents of Buxton. The Town Farm Park Committee was officially formed several years ago to explore the feasibility of establishing more ball fields on Town owned land. The Committee started work with volunteer labor and with help from the National Guard they cleared and leveled a portion of the site at no cost to the Town.

Today this Park has been developed into a baseball, softball and multi-purpose fields. Like some of the other Parks in Town, a parameter walking/jogging path, which connects, to the Municipal Complex is available. The Park can be accessed from Town Farm Road, has a large parking lot on site, as well as satellite parking lot.



CARROLL PARK

GROVEVILLE: CORNER OF HURLIN SMITH AND FLAGGY MEADOW ROADS

Park Trustees: Toby Reynolds and Carol Sanborn

CARROLL PARK SNAPSHOT

Hours: Dawn to Dusk **Dogs:** Allowed— must be on leash

Bathrooms: Port-a-potty's, seasonally

Trails: A walking path circles the outside of the park

Parking: Perimeter parking on Hurlin Smith Road

Playground: Swings, slides, and climbing structures.

Picnic tables are available for use by visitors.

Carroll Park consists of 4.8 acres situated between Flaggy Meadow Road and Hurlin Smith Road in the Groveville section of Buxton. This lovely Town Park contains a baseball diamond, bleacher seating, an equipment storage building, picnic area, off-street parking and a playground. The boy's and girl's softball leagues use the field.

The Trustees have undertaken a massive cleanup of the park by cutting and removing several dead trees from the park to make the entire area safe for visitors. The cleanup was made possible by a donation from the Maine Community Foundation. The playground equipment provided by a grant from the Narragansett Foundation is a tremendous asset to the Park and is used year round.

This lovely piece of property was used as a park for many years before Harold Carroll purchased it in 1973 and subsequently given to the town. Volunteers and local residents maintain the park. Many local businesses and town residents have donated their time and energy to make this Park what it is today.



PLEASANT POINT PARK

SIMPSON ROAD, BUXTON MAINE

Park Trustees: Donna Beal, David Field, Julie Gamelson

PARK HISTORY

Originally called the "Cyrus Woodman Reservation" Pleasant Point Park was placed in a trust by the Woodman family. **1923:** the Park was given to Appalachian Mountain Club by Mary Woodman.

1945: the AMC gave the Park to the State of Maine.

1959: the Town of Buxton received a letter from the State Park Commission saying that they would not entertain the idea of transferring ownership of (Pleasant Point Park) because of the State's plan to develop the property. However, the plans were not carried out due to the Class "D" (unsuitable for public recreation due to the water quality of the Saco River adjacent to Pleasant Point Park at the time.)

1960: the Buxton Selectmen proposed a lease agreement with the State of Maine Park Commission. At their annual meeting, the townspeople voted it down, again because of the Class "D" designation.

1971: the Town of Buxton entered a 5 year renewable license with the State to use the land with some covenants in place.

June of 1989: the Park was deeded to the Town on Buxton



PLEASANT POINT PARK SNAPSHOT

Hours: 7 AM—8 PM **Parking:** Large dirt before main entrance

Dogs: Allowed— must be on leash

Bathrooms: Port-a-potty's, seasonally

Recreation: Hand-carry boat launch, swimming (at your own risk), and hiking trails.

Picnic tables and **trash bins** are available for visitor use.



Social Media Parks Campaign

Storyboard Walk's at Town Farm Park

Halfway Wild

- Author: Laura Freudig

At One: In a Place Called Maine

- Author: Lynn Plourde

**Both books feature Maine authors*





Town Farm Park Story Board Walk Route



Maine Backyard Campout Weekend

- *State-wide initiative promoted by MRPA, geared towards encouraging backyard camping.*
 - *Free, local, and easy way to get families outside*
- *Nearly 25 communities throughout the state participated*



  **Buxton Recreation**
— PLAY EVERY DAY! —

Maine Backyard Campout Weekend

July 10, 11, and 12!

July is National Parks and Recreation Month, and we're inviting you to join the celebration! Communities from all over the state are joining the BACKYARD CAMPOUT WEEKEND, encouraging families to turn their backyard into their personal campsite!



A group of six children, three boys and three girls, are standing on a dirt path in a wooded area. They are all wearing face masks. The children are dressed in casual summer clothing like t-shirts and shorts. The background is filled with green trees and foliage, suggesting a park or natural setting. The overall tone is bright and natural, with some shadows on the ground.

Buxton Recreation Department 2020 Summer Camp Experience

Objectives:

- To offer safe youth enrichment programs to Buxton residents which:
 - encourage socialization with peers.
 - engage children in physical activity.
 - promote creativity through individual and group projects.
 - offer space for children to develop independence.
 - provide healthy emotional development and support.

Buxton Recreation: Summer Programs by the numbers...

10 Camps Spanning 8 Weeks

16 Staff Worked 2,320 Hours

119 Registrations

ZERO COVID-19 Cases

Outdoor Summer Program

- Back to Nature Camp: 14
- Explorer's Camp: 13
- Adventure Camp: 9
- Extended Camp Week 1: 24
- Extended Camp Week 2: 18

Mini Camps

- Wildlife Explorer's Camp: 9
- All Thing's Art Camp: 7
- Get Active Sport's Program: 8
- Next Level Sport's Program: 6

Horsemanship Camp

- Horsemanship Registrations: 11



Outdoor Summer Program Logistics

- Drinking water: Shuttled in daily
- Structures: EZ-Ups, tables, benches, and handwashing stations were set up and broken down each day
- Sanitization: Port-A-Potty's, gross motor equipment, playground equipment, games, and all above mentioned structures were sanitized each morning, and after each use. Rainy days were used as deep cleaning opportunities.



Infrastructure Continued...



COVID-19 Health and Safety Protocols- Highlights

PPE: Face masks were used when social distancing was not possible

- Exceptions:

- child was engaged in gross motor activity involving heavy breathing
- child was participating in an activity that was 6 feet away from other children
- meal time (Children were separated while eating)

Wellness Checks: All staff and children completed a Wellness Check upon arrival, which included checking for symptoms, asking about travel history, and taking a temperature using a touchless thermometer.

Handwashing and Sanitization: A hand washing station was set up each day to use at the bathrooms. Hand sanitizer was located at each camp, on tables, and at check-in.

Cross Contamination: Camps were separated into small cohorts and were scheduled to participate in activities away from other camps.





So, what did they do all day?

FISH

(Fresh Idea's Start Here)

How could this summer have been better?

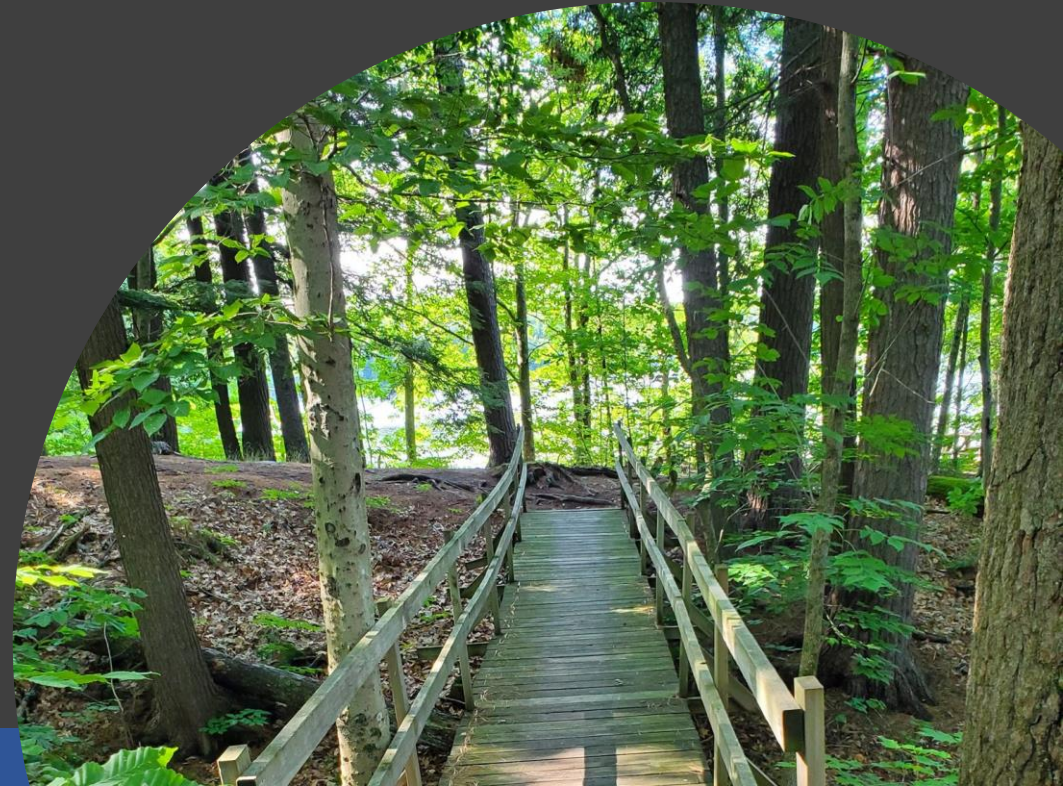
Consistent Indoor Space

The Outdoor Summer Program either cancelled, or ended the day early, due to thunderstorms or extreme heat.

Transportation

Having a small bus to be able to transport groups of children to other Buxton parks would have increased the quality of the program.

- Access to local swimming opportunities
- Change of scenery for the camps (Variety of playgrounds and park play.)
- Increase exposure of all Buxton's parks
- Small, free field trips (Partner with local library's, Buxton farms, and local historical landmarks)



THANK YOU!

Buxton Public Works: Oversaw trash removal and worked with the staff regarding field and facility maintenance.

Buxton Fire/Rescue:

- Provided CPR/First Aid Training
- Assisted with purchasing an AED
- A NEW (to us!) Recreation Vehicle

Buxton Recreation Staff: Long hours in the hot sun, while keeping a smile on their faces and keeping the children in our community safe and happy. THANK YOU for your dedication to the families in this fantastic town!





Buxton Recreation Department

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